About your Tenerife Holiday

We make sure you love it more

villaplus.com
Tenerife holidays you’ll love more

160 miles from the coast of Africa with a fabulous year round sub-tropical climate, sits the Spanish island of Tenerife.

Discover fabulous sun soaked beaches, pine forests, banana plantations and lava covered luna landscapes. Picturesque villages, historical centres and beautiful gardens are to be explored. Or take a stroll along promenades and attractive marinas. Santa Cruz, the capital with its elegant buildings is well worth a visit.

Leisure parks, golf courses, watersports, busy resorts with music bars and chic nightclubs. From a day out at the world heritage site of the Teide National Park to whale and dolphin watching, Tenerife offers something for everyone.

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Welcome to Villa Plus. We hope you have a fabulous holiday in Tenerife and would like to tell you a little about the company. As a direct sell operator we only sell our own holidays. This means we place great emphasis on quality and service. In fact we take a personal interest in the enjoyment of your holiday and all our staff receive ongoing training to ensure we provide you with consistently good service.

Villa Plus have arranged villa holidays since 1986. Our product focus is on better villas, in better locations with private pools and more facilities. Over the years we’ve grown from just one destination to 13 across Portugal, Spain, Cyprus and Greece. We’re now one of the largest tour operators in the villa market and offer over 900 exclusive villas.

This holiday guide is designed to help you enjoy your holiday. Please read it carefully before you go. That way we can ensure all the arrangements made on your behalf run smoothly.

Thank you for choosing Villa Plus and we hope to see you again in the future.

Villa Plus Service Centre

Our resort staff are there to ensure all aspects of your holiday go as planned and to maintain your privacy. In general, they will not visit unless in an emergency or to carry out villa checks. Details of your Villa Representative can be found in the security information in your travel pack.
Before you go

Here’s our tick list...

**Travel documents**
You’ll receive your holiday documents – specifically itinerary and flight reference number (to quote at check in), accommodation details, directions, car hire information and voucher – about ten days before you travel. Please check the documents match your reservation.

**Holiday insurance**
Whether you have taken the ‘Villa Plus’ holiday insurance or not, if you or a member of your party have a pre-existing medical condition, then you MUST advise your insurance company straight away. Failure to do so may invalidate your insurance.

**European Health Insurance Card (EHIC)**
The European Health Insurance Card (EHIC) allows you to access state-provided healthcare in all European Economic Area (EEA) countries and Switzerland at a reduced cost or sometimes free of charge. The card is free of charge and, in addition to your travel insurance, we recommend you sign up. Register online at www.ehic.org.uk

**Money**
Whilst MasterCard and Visa cards are widely accepted, and most resorts have ATM’s, we recommend that you get some Euro’s before you go. Please note: travellers cheques are no longer used in Spain.

**Towels**
Although towels are provided in the villas, you’ll need to bring your own beach and pool towels with you.

**Travel adaptor/s**
If you bring your own electrical equipment then you will need to bring a European travel adaptor.

**Passport details**
You must give your Advance Passenger Information (API, sometimes called APIS) details to your airline before you fly.

**Baggage allowance**
Baggage allowance, normally 20 kilos per person, can depend on who you’re flying with and will be specified on your itinerary. Collapsible wheelchairs, car seats for infants, pushchairs and carrycots may be carried as hand luggage in excess of the baggage allowance and can usually be taken to the final departure gate to be stored in the hold during the flight. Many charter airlines now charge for excess baggage and equipment such as golf clubs.

**Dangerous goods**
Please refer to the security policy of the airline you’re travelling with.

**Special needs and requirements**
If you, or any member of your party, have any special needs or specific requirements then please let us know at the time of booking. We’ll send you a form for disabled and less mobile clients for you to complete and return so we can ensure the villa and flights you’ve chosen are completely suitable for your needs.

Any queries just call + 44 (0) 1727 836686 or email info@villaplus.com

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About your holiday

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Getting to and from your villa

Villa Plus transfer from airport
If you booked a Villa Plus transfer then, in general, you’ll see your Representative in the arrivals hall who will have organised your transfer. Please refer to the itinerary in your travel pack for more information.

Villa Plus car hire
If you’ve booked a car through Villa Plus then please refer to your itinerary and car hire voucher for collection details. It is advisable that one member of the party waits for the baggage whilst another goes to the desk to complete the contract and pay the appropriate deposit and so on.

Directions to your villa
Your directions are included in your travel pack.

Arriving at your villa
You can get into your villa at 1pm. If you arrive before 4pm, particularly in the larger villas, the maid may still be tidying up.

Leaving your villa
Please vacate your villa by 10am. The maid could arrive as early as 8am.

Flight delays
EU legislation entitles passengers to compensation from the airline if there is denied boarding, cancellation or delay to flights. Reimbursement in such cases is the responsibility of the airline and will not entitle you to a refund of the price of your arrangements from us. If the airline does not comply with these rules you should complain to the CAA on +44 (0) 20 7453 6888 www.caa.co.uk

Lost luggage
If you’re unfortunate enough to lose your luggage then you need to report this at the lost luggage desk in the baggage reclaim area.

Left luggage
If you have a late return flight, then there are normally facilities where you can leave your luggage on your last day. This information can be found in the villa manual or you can contact the local office.

Villa keys
The keys to your villa will be contained in a security key box at your villa. Details of this together with the boxes security number are included with your final documentation. Normally only one set of keys will be supplied for the villa that you will be occupying. We would appreciate it if you could take care of the keys as obtaining replacement keys, or changing the locks can be expensive.

Villa Plus Travel Insurance

Villa Plus holiday insurance is provided by Union Reiseversicherung AG. If you’ve taken this out there is a 24 hour medical emergency assistance facilities service who you can call directly on +44 (0) 845 260 3 260. Remember to have the following information to hand:

- A contact telephone number
- Name and age of patient
- Location of hospital and doctor’s telephone number
- The medical problem
- Your premium receipt number and details of booked travel arrangements

Please refer to your Insurance policy for details of the procedure you should follow, should you require outpatient treatment.
About Your Villa

**Cots/extra beds**
The majority of the cots that we supply are of the collapsible travel type. All cots supplied in the villas comply with local safety standards. All linen is laundered together so if you have concerns about cot linen, please bring your own. Extra beds are normally of the fold-up variety and are suitable for children only up to the age of 11 years old.

**Gas Supply**
Not all the villas have a gas supply. If applicable, the villa will usually be supplied with an orange coloured Butano gas bottle. In the unlikely event that the gas should run out, please contact our local Villa Representative, who will arrange for a replacement. Where gas water heaters are used in villas, they are subject to an annual inspection by local qualified engineers. A carbon monoxide detector is provided for your additional peace of mind.

**Electricity**
Electricity is 220 AC with continental twin plugs. Your villa electricity supply is not always as constant as in the UK. You may find that the electricity will “trip off” if too many appliances are used at once. This has become more apparent as we have added more equipment into the villas. If this happens, simply turn off some appliances and reset the main fuse box (the location and full details will be in the Villa Manual at the villa).

**Internet**
Most Resorts have an Internet access point 'Hot Spots', where you can check emails etc, and the location will be given to you in the Villa Manual. Some individual villas have internet access. Please see your Villa Manual for more details.

**Air Conditioning**
Many villas now include air conditioning/heating in the bedrooms as standard. Please see the individual villa descriptions. Some of these units operate on a sensor that will turn off the unit if the room is not in use. Please consult the Villa Manual for full details. In the case of any malfunction, we will endeavour to rectify them as soon as possible, Villa Plus cannot be responsible for any non-operational time that is out of our control.

**Barbecues**
All our villas have barbecues and wherever possible, brick built. It is not normal for maids to clean the barbecue and we ask guests to leave them in a reasonable and useable condition. We have asked owners to supply cleaning implements.

**TV’s**
To keep you entertained inside your villa, you’ll find a TV which will have a mix of satellite and terrestrial channels and also offer some English speaking channels too. DVD players (including films) are provided in the majority in our villas.
Health and Safety

Safety information
You’ll find a Villa Manual with safety information specific to your villa at the property. Please take the time on arrival to familiarise yourselves with the safety features and layout of your villa. If you’re travelling with children then please take the time to point out to any areas where they should take particular care such as the pool and balconies. If you have any questions or concerns, then your Villa Representative will be happy to assist. Should you have an accident anywhere in or around the villa you must report this straight away to your Villa Representative.

Smoking
Smoking is not permitted in any of our villas and we would request you only smoke outside the villa. Please do not leave cigarette stubs in the garden.

Swimming pool
Whilst the swimming pool is an essential part of the pleasure of holidaying for many people, if misused it can be dangerous:
- Make sure you know the depths of the pool.
- Please observe our strict no diving policy.
- Do not run around the poolside - especially children with wet feet.
- Do not go out of your depth unless you are a good swimmer.
- Do not swim if you cannot see the bottom. If this is the case contact your Villa Representative as soon as possible. Bad weather, thunder storms and/or excess suntan oil (especially the non waterproof types), can turn the water cloudy. Use the poolside shower before swimming to keep the pool clean.
- Children and fair skinned people should wear a hat and T-shirt whilst in the pool as harmful ultra violet rays can penetrate water up to a depth of 1.5m and are reflected off the water surface.
- Beware of dangerous surfaces, drainage channels, slippery tiles or raised edges.
- Always supervise children and non-swimmers in and around the pool area.
- Do not swim if you have been drinking alcohol, especially late at night.

Report an accident immediately to your Villa Representative, who will attend the villa. Any fault with the pool or its equipment will be inspected and immediate action taken to correct the problem. If, in the opinion of the Villa Representative the pool must be closed for your safety until a repair is facilitated as quickly as possible, you will be instructed in writing to cease using the pool and our liability shall not exceed 33% of the villa rental portion of the holiday.

Pool Heating
Many of our swimming pools have been fitted with a Pool Heat Pump, making the pool 3°C to 5°C warmer at 1pm during the day than a non-heated pool under normal circumstances. This provides the pool with a beneficial warming, but does not make it a “hot” pool. Villa Plus cannot be responsible for any non-operational time, out of our control.
In the case of any malfunction, we will endeavour to rectify them as soon as possible and our liability shall not exceed £150 per villa per week in total. If the pool has a cover, please use it as it will significantly increase the temperature of the water.

Tap water
Water from the tap is generally ok for cooking purposes. For drinking we recommend you drink bottled water only.

Sun bathing
The best, safest and longer lasting tans are built up gradually - but although most travellers are aware of the danger, many holidays are still ruined by the effects of sunburn. Do take extreme care not to over-expose yourself or your children (particularly young babies), especially during the first few days. We suggest you stay under shade except for about 15 minutes in the early morning or late afternoon on the first day, gradually increasing the time as your skin becomes accustomed to the sun. Even then be sure to use a suntan preparation of the correct factor for your skin and apply it liberally at regular intervals, particularly after swimming. Children should wear sun-hats and their shoulders should be covered as much as possible. We strongly recommend the use of good quality, waterproof sun creams especially when in and out of the pool or down at the beach.

Beaches
Please be aware of the local safety precautions when you visit the beaches.

At all times, for your own safety, comply with the suggestions of the local lifeguards, warning notices or flag systems. Should you have any concerns consult a qualified authority or your Villa Representative.

Breakages
Please notify our Villa Representative should you notice any shortfalls in the quality of furnishings/cleaning etc. In case of breakages during your holiday, either replace with a matching item or report the damage to the Villa Representative. For details of our accidental damage waiver or security deposit, please refer to www.villaplus.com

Security
Please store valuables in the safe provided including vital documents. If you do not use the safe provided you may invalidate any insurance claim that you may have.

Most villas have an alarm and nightlight. Ensure the alarm is switched on when you leave the villa.

Additionally make sure all doors/windows are closed/locked if you leave the villa or are around the pool.

Prepared by: Villa Plus
www.villaplus.com
Beaches

**Playa La Enramada – La Caleta.** In the Adeje Cove near Playa de Las Américas this beach has been re-modelled with fine, volcanic sand produced by grinding down the original pebbles and excavating sand from the seabed around Los Cristianos Beach.

**Torviscas & Fanabe.** On the coast of Costa Adeje, one of the main tourist resorts in Tenerife, the neighbouring beaches of Torviscas and Fañabé make up one long, sandy beach joined by one long, popular promenade.

**El Duque.** A beach of fine golden sand in one of the newest areas of Costa Adeje, bordered by a lovely seafront promenade which joins over 8 beaches. Sun lounger and parasol service, parking, restaurants and bars.

**Troya – Playa de las Americas.** This was the first beach at Costa Adeje. Fine golden sand and calm seas for water sports. There is a lifeguard service, sun loungers and parasols for hire, parking, restaurants and bars.

**La Pinta.** A beach of fine golden sand located next to Puerto Colón, one of the main marinas on Tenerife. Water activities and entertainment for adults and children. Lifeguard, sun loungers, parasols, restaurants, bars and disabled access.

**Las Vistas – Los Cristianos.** One of the longest and most popular beaches in the south of Tenerife located between the resorts of Los Cristianos and Las Américas. Offers a wide range of facilities. A fountain, shooting seawater high into the sky, is one of this beach’s unique features.

**El Camison.** One of the many beaches between the tourist resorts of Los Cristianos and Costa Adeje. Wide range of facilities on the beach and the other side of the promenade. This popular beach offers a range of watersports and excellent swimming conditions.

**El Medano.** El Médano Beach is in the district of Granadilla de Abona, next to the small seaside resort of the same name. It's the longest beach on the island, of fine golden sand that ends at a volcanic cone called “Montaña Rojo” (Red Mountain). The surrounding area is a protected nature reserve. Pleasant seafront walk and ideal place to go windsurfing.

**La Teita.** Connected to El Médano beach via the Montaña Roja nature reserve is La Tejita beach, a one-kilometre long beach of fine golden sand set away from the town. Mainly used by nudists. No facilities apart from a drinks stand. The natural environment attracts visitors here.

**Playa La Arena Beach.** Located in the heart of the small tourist resort of Puerto Santiago, La Arena beach stands out for its excellent setting and extraordinary amount of light. The beach is 131 yards long with fine volcanic sand and a full range of facilities.

For more beaches please see resort sections.
**Attractions**

**Badlands of Güímar.** The special nature reserve of the Badlands of Güímar is near the exit of the TF-1 motorway that goes towards the district of the same name, in the southeast of the island. This unusual natural area contains the volcanic cone of Montaña Grande: it is an ancient volcano with a 300-metre diameter crater whose interior was used for growing crops. There is also a large lava flow that runs down to the sea.

**Candelaria.** Candelaria’s significance stems from its religious connections. Most importantly - especially for the tourists who flock here by the coach load - it’s the home of the Basilica and the Black Madonna.

**Caserío de Masca (the forgotten village).** The Rural Park of Teno, in the municipality of Buenavista del Norte (the Isla Baja region), is where one can find the deepest ravines of the island. Here surrounded by amazing escarpments, lies the picturesque hamlet of Masca, one of the best examples of the Canary Island’s natural architecture.

**Chirche**

The historical village of Chirche is three kilometres from the town of Guía de Isora, in the district of Guía de Isora. Chirche preserves the typical traditional architecture of the south and nearby are the old ovens where they made roof tiles. These ovens burned wood collected from the pine forests of Mount Tágara, some of the oldest forests on the island.

**Historic Centre of Garachico**

One of Tenerife’s prettiest destinations with cobbled streets, beautifully restored churches, two fabulous hotels, coastal sea water swimming pools hewn from volcanic rock and a steadfastly traditional Canarian character.

**La Gomera**

La Gomera is one of the smaller Canary Islands, based just off the south coast of Tenerife, the main attraction is the breathtaking nature. Wild and fractured landscapes have imprinted the island’s picture.

**La Lagunita**

Tenerife’s second most important city, as the old Capital of the Island until 1723, situated just inland from Santa Cruz in the Aguere Valley amid a beautiful countryside. It is also the cultural and religious Capital, due to the fact that it lodges the San Fernando University and the Bishop’s Palace. The whole city is full of outstanding architectural monuments, palaces and traditional houses of the XVII and XVIII centuries.

**La Orotava**

On the north-west coast of Tenerife, in the valley of the same name, the town of La Orotava was home to many of the island’s wealthiest and noblest families who settled here after the Spanish conquest.

**Teide National Park**

The highest peak in Spain (3,718 metres), declared a World Heritage Site by Unesco, is an absolute must. Beautiful and grandiose, it will make you feel very small. The fact that part of the route can be done by cable car allows anyone, no matter what their physical condition is to make the ascent.

The Teide National Park in the centre of the island of Tenerife, shelters the best examples of the supra-Mediterranean vegetation level. With an average altitude of over 2,000 metres, the Mt. Teide National Park offers one of the most spectacular geological monuments in the world and represents the best example of alpine volcanic ecosystem in the Canary Islands.

**Puerto de la Cruz**

Year after year, this small city is a favorite amongst visitors and still retains its easy-going, personality. Its port village heritage is seen in the little blue and white fishing boats bobbing in the sea as well as in the traditional Canarian aesthetic - colourful stucco homes with vibrant potted flowers and airy balconies, gracing its picturesque streets.

Situated along Tenerife’s fascinating northern coastline and at the foot of Mount Teide, Puerto de la Cruz’s natural environs - rolling hills, natural parks and banana plantations provide a stunning backdrop. Puerto de la Cruz was declared a city of Tourist Interest back in 1955.

**Santa Cruz de Tenerife (the capital)**

The capital city of Santa Cruz is one of Tenerife’s best kept secrets; a bustling, port city set at the foot of the stunning Anaga Mountains. Steeped in history it has everything for the discerning traveller.

Santa Cruz offers beach, plazas, parks, museums, shopping, theatre, art, fine dining and a lively nightlife. Explore on foot and by tram.

**Taganana**

A picturesque village in the Anaga Rural Park, in the district of Santa Cruz de Tenerife. Take the road to El Balladero from San Andrés (a small fishing town 7 km from the capital), Taganana, hidden away in a small steep valley, still retains the traditions and architecture from the past. The church in honour of “Nuestra Señora de las Nieves.” is one of the oldest on the island.

**Montaña Grande and the Badlands of Güímar**

This reserve of the Badlands of Güímar is near the exit of the TF-1 motorway that goes towards the district of the same name, in the southeast of the island. This unusual natural area contains the volcanic cone of Montaña Grande: it is an ancient volcano with a 300-metre diameter crater whose interior was used for growing crops. There is also a large lava flow that runs down to the sea.

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January

Los Reyes Magos (Three wise men or kings). A theatrical event where locals dress as the 3 Kings, and parade through the streets on camels, horses and floats, along with fire eaters, lambs, and local school bands.

February

The Carnival of Santa Cruz de Tenerife is one of the biggest and most spectacular events of its kind in the World. Every February, Santa Cruz de Tenerife, the capital, hosts this historical event.

March/April

Semana Santa (Holy week/Easter). Many religious festivals leading up to Good Friday.

May

Romería Virgen de Fátima. Held in Valle San Lorenzo, the image of the Virgin of Fátima is carried to the Mirador (viewpoint) de la Centinela, accompanied by adorned carts and folk groups with traditional costume, singing and dancing.

June

Corpus Christi. Head to La Orotava for Tenerife’s most dazzling Corpus Christi festival. Flowers adorn the route and an amazing tapestry depicts Biblical scenes made of volcanic sands.

Fiesta de San Juan. San Juan’s night is full of bonfires, fireworks, music, dancing, sardines and bread. The best place to be is at Playa San Juan, either on one of the boats or by the coast.

July

Virgen Del Carmen. Traditional festival in honour of the patron saint of fishermen. Fireworks displays and a procession of the image of the virgin is carried through the streets and into a decorated boat.

August

Virgen del Candelaria. A popular festival. The Virgin of Candelaria is the patron saint of the Canary Islands. The city of La Candelaria is the best place to enjoy the festival. Various masses and a procession, also folklore groups.

September

Local Fiestas. A popular time for local villages to celebrate fiestas, usually with decorated churches and village squares, entertainment and traditional costumes, fairs and general festivities.

October

Día de la Hispanidad/National Day Festival. A famous festival celebrating the rich heritage of Spain held at various venues around the island on this national holiday.

November

Fiesta de San Andrés. Wine cellars are opened for wine tasting. In Puerto de la Cruz and La Orotava, teenagers run banging pots and pans while in Icod de los Vinos they slide down the steep streets on wooden boards.

December

Nochebuena & Navidad (Christmas Eve & Christmas). Christmas time consists of large gatherings and plenty of food and drink. On Nochebuena (Christmas Eve), families head to midnight mass.

Nochevieja (New Year’s Eve). Due to the fantastic climate of the canary Islands, firework displays can be seen from all parts of the island, along with the traditional party atmosphere to greet the new year.
Star Gazing
Tenerife has an international Astrophysics Institute with various observatories and telescopes. It is not only the scientists that come from all over the world that can enjoy stargazing. You too can enjoy this activity during your holiday by taking one of the many organised excursions.

Windsurfing
The constant Trade winds, together with the excellent weather conditions of Tenerife, and an extensive infrastructure of clubs and schools, have made Tenerife internationally recognised for windsurfing.

Bike Riding
A number of companies offer bike hire on the island and also organised excursions for down hill biking are very popular.

Watersports
Many of the main beaches in Tenerife offer an array of watersports activities, ranging from paragliding, kite surfing to Jet Skis.

Gym & Spa
If you’re used to a fully equipped Gym, organised classes from spinning to step, or looking for a relaxing massage, or Spa treatment you will find many resorts offering daily packages, paid on entrance.

Surfing
A deeply rooted sport on Tenerife thanks to the quality of the waves that continuously break against its shores, as well as the pleasant climate and its clean waters. Surfers can practise in winter and summer, at various surfing spots in the north and south of the island.

Horse Riding
Bridle-paths cross mountain prairies, ancient trails and through leafy forests, horse-riding is an enjoyable way of getting to know the island and its countryside. Various companies offer the chance to ride freely with a guide or in organised groups.

Karting
With a professional karting club located in the south of Tenerife, with 1 international track, and 1 childrens track, this club offers fun for the whole family. 5 minutes from the South Airport, Karting Clun Tenerife can be contacted on 0034 922 73 07 03 open daily from 10am to 8pm.

Tennis
There are a number of tennis clubs available, the most friendly, Club Miraverde based in the resort of Fanabe, courts from 10 euros per hour, and lessons available. Tel : 0034 922 712 772.

Sport Fishing
In the marinas and fishing harbours around the island are a number of companies that offer everything you need for sport fishing on the high sea.
Children’s Activities

Aqualand
Set in San Eugenio area of Playa de las Americas, the original Aqua Park of Tenerife. Children’s attractions, slides and rides, sunbeds, cafeteria, bars and a free Dolphin show in the afternoons.

Camel Park
There are 2 Camel Parks in the south of the island, one just behind the Airport, and the other off the main road towards Los Gigantes. Both offer camel rides with small attractions for children.

Dolphin & Whale Watching
The south-west coast of Tenerife is an outstanding location for the observation of whales as there are colonies of pilot whales and dolphins which remain here throughout the year. You can find up to twenty-one different species from the blue whale to the killer whale. There are two resident populations, the pilot whale and the bottlenose dolphin. Boat trips leave from the south ports and harbours.

Horse Riding
Club Hipico, 10 minutes outside Los Cristianos in Aldea Blanca specialises in horse and pony riding. They speak English and offer a number of opportunities from the small children spending 1 hour, to a full days riding. www.horseridingtenerife.com.

Jeep Safari
The most exciting way to visit Mount Teide and the lost village of Masca can be on the Jeep Safari excursions, leaving from most south resorts.

Loro Park
Set in the north of the island in Puerto de la Cruz, this world class animal park is a perfect day out for everyone. Attractions range from the famous Orca Ocean, Dolphins, Sealions, Gorillas, Penguin World and over 700 Parrots, set in the tropical gardens of Loro Parque.

Medieval Knights
An evening of medieval activity, 10 minutes outside Los Cristianos. Join in the fun and cheer your knight on horseback in the castle. Usually medieval feast without the knives and forks!

Parque Las Aguilas
The Jungle Park in Tenerife is a fantastic zoological and botanical park with over 75,000 square metres of jungle, over 500 animals, walking paths with tunnels, suspension bridges, waterfalls, lagoons, and caves, as well as bird shows. Based in the hills above the Los Cristianos area of Tenerife. Free buses from the main tourist areas to the park.

Play Park
Mikki Park play area is based in Fanabe area, above Centro Commercial El Duque, and just opposite the Thursday market area. Open from 11am daily. Large ball pool, trampolines, slides, small karting area, bowling and mini golf.

Pueblo Chico
Pueblo Chico is located close to Puerto de la Cruz, this tourist attraction stands in 20,000 square metres of land and is home to miniature models all of which you will find in the Canary Islands.

Siam Park – The water kingdom
Set in a tropical oasis which reflects the ancient kingdom of Thailand, you can enjoy breathtaking water rides. The park has a man-made beach, cafes and restaurants, and shops. Exit 29 TF1. Playa de las Americas.

10 Pin Bowling
Based in Fanabe area of the South, Megabowl is underneath Centro Commercial Fanabe. Bowling shoes provided, but you’ll need your socks. Bar and restaurant on site, along with sports TV.
Shopping

Whether you are looking for good Spanish wines, want to take home a memorable souvenir, or just take advantage of the low taxes, Tenerife has a lot to offer in the shopping stakes.

Food

Both in and out of the resorts, you will find a number of small minimarkets. Larger supermarkets can be found in or just outside every resort - look for Mercadona, Hipertrebol, and Hiperdino for good value Spanish products. There are two branches of Iceland selling Waitrose products amongst many others in Los Cristianos and Las Chafiras. You will also find many branches of Netto selling UK products, including newspapers, around resorts.

Food markets selling locally grown fresh produce can be found at Adeje, behind Mercadona on Saturday and Sunday mornings from 8am to 2pm, and at Las Chafiras near the Fire Station on Saturday and Wednesday mornings.

Souvenirs

Look out for the local Commercial Centres (C.C) located in every resort, which house many local and international shops, selling clothes, jewellery, shoes etc. Strelitzia (bird of paradise) Flowers are locally grown all year round and can be delivered to most resorts in beautiful gift boxes to take home. Tenerife Pearl on the Los Gigantes road is always worth a visit and holds special offer days and events from classical style designs in every type of pearl to funky costume jewellery.

Food

You can find a wide range of restaurants in the South of Tenerife. Both international and traditional cuisine is on offer with typical family run restaurants in villages closeby. Children are welcomed everywhere and most restaurants offer menus with an English section.

Most Spanish restaurants offer a ‘menu del dia’ especially at lunchtime, usually consisting of 3 courses and a glass of beer or wine for a specified price.

Some popular tapas

Spanish Omelette - This is found routinely in every Tenerife tapas bar.
Ensaladilla - A type of Russian salad, made with mayonnaise, this is found in every Spanish and Canarian tapas bar.
Garabanzas – Chickpeas
Salchichas - Homemade sausages

Seafood and fish

Sancocho Canario - A fish dish associated with Holy Week, especially Good Friday.
Pulpo a la Gallega - “Pulpo” is the superb Spanish word for “octopus”.

Typical Canarian Dishes

Papas Arrugadas - One of the most ubiquitous dishes of the Canary Islands, their name literally translates as “wrinkly potatoes”. Smother in the spicy red mojo sauce and enjoy!

Gofio - One of the most traditional Canarian foods, dating from the time of the Guanches.

Jamón Serrano - This cured ham is a very popular Spanish food.

Pollo Con Ajo - The Spanish take on garlic chicken.

Puchero Canario - A traditional, Canarian, hearty stew, very popular amongst the natives.

Desserts

Churros - Nicknamed “Spanish doughnuts”, these are pastry-based and deep-fried. Eaten dipped in chocolate, they are often found on the Tenerife breakfast table.
C allo Salvaje
C allo Salvaje is a charming self-contained resort with a mix of residential properties and a few hotels. Popular with English residents and tourists alike, you’ll find plenty of bars, restaurants and minimarkets.

C allo Salvaje is located off the main coastal road on the west coast of southern Tenerife just a 30 minute drive from the south airport. Its location, between the main resorts of Costa Adeje and Los Gigantes make this resort a convenient base to come back to after a full filled day of exploring.

D inning & Nights Out
There are a number of good quality, and reasonably priced, restaurants. See your Villa Manual for details. Alternatively if you’re looking for a wider selection, try Playa de las Americas, a 10 minute taxi ride away.

B eaches
Southern Tenerife has an extremely rocky coast line, however there is a new small black beach been now in the resort. There are also a number of beaches either within walking distance or a short drive away.

L a Caleta
Set in a secluded bay, La Caleta is a beautiful quiet fishing village. As one of the smallest resorts in south Tenerife, La Caleta provides a tranquil setting for a relaxing family holiday.

You’ll find La Caleta hidden away between the resorts of Playa Paraiso and the more infamous Playa de las Americas. It’s just 25 minutes from the south airport, just below Costa Adeje Golf course.

D inning & Nights Out
Not surprisingly there are many well-known fish restaurants in the bay of La Caleta, and some excellent international ones too.

B eaches
Whilst there is a small crushed pebble beach in La Caleta, the coastal promenade that starts in Los Cristianos ends just a few metres from the village of La Caleta, makes La Caleta a superb location to access a number of beaches.
Playa de las Americas

Often referred to as a Siamese twin to Los Cristianos because they lie next to each other, Playa de las Americas is the largest resort in the south of Tenerife. Playa de las Americas is located just a 20 minute drive from the south airport.

This is a resort that has certainly seen some changes over its short history, and is split into key areas, specifically the Parque Santiago area and the Park Troya area. The Parque Santiago area, closest to Los Cristianos, is home to the newer Safari Centre. Littered with sparkling fairy lights, upmarket shops, bars and restaurants, horse drawn carriages take trips up and down the main street and the main fountains in the centre. The Park Troya area is known for its huge black sandy beach and the new pedestrianised walkways. Alternatively San Eugenio is a quiet residential area nestled behind Las Americas and above the Aquapark. San Eugenio offers fabulous views - of the marina at Puerto Colon and to La Gomera.

Beaches
Playa de Las Americas features the Playa de Guincho beach, popular with surfers and windsurfers, though a little rocky for sunbathing. Alternatively try the main beach, Troya Beach, for more comfortable sand.

Elsewhere The Enramada Beach is located in the Adeje Cove, near Playa de Las Américas. This old pebble beach has been remodeled to make it easier for bathing. It is now covered with fine, volcanic sand produced by grinding down the original pebbles and excavating sand from the seabed around Los Cristianos Beach.

Entertainment
Central Las Americas is well known for its young lively nightlife with lots of live evening entertainment in its many English bars and pubs.

Playa La Arena

Characterised by stunning black cliffs, black sandy beaches and little coves, Playa La Area is located on the West Coast of Tenerife, less than 19 miles from the South airport. Clear weather permitting, you'll be able to see across the water to La Gomera. It's a quieter spot than some of Tenerife's more lively resorts and would suit those in need of a relaxing holiday.

Beaches
A stunning natural beach formed of black sand. The resort behind it is a growing tourist centre.

Watersports
Watersports, wind-surfing, diving lessons and equipment are available.

Shopping
There are plenty of shops, cafes and restaurants nearby to amuse the family between beach sessions.

Mount Teide National Park
Playa La Arena is located about 12 miles from Mount Teide National Park, Tenerife's inland natural wonder. See your Villa Manual for further details.
Los Cristianos

Without a doubt one of the most popular resorts on the Canary Islands, Los Cristianos is situated 15 km’s west of the southern airport (Reina Sofía). Soak up the sun on one of its golden beaches or check out the harbour for fishing trips, pleasure cruises, glass bottom boats, diving excursions and ferries to La Gomera. For many years Los Cristianos was a quiet fishing village. Evidence of its humble origins can still be seen in the typical Canarian architecture of the older buildings.

Beaches
Los Cristianos is home to two world-class beaches: The main beach (Playa de Los Cristianos) is a sandy beach sheltered by the harbour and boasts a number of facilities including watersports, beach volley ball, showers and a children’s play area. Alternatively, Las Vistas Beach is located in the next bay beyond the harbour and is man-made, protected by breakwaters.

Nightlife
There are plenty of pubs, clubs, shops, restaurants, bars and pubs.

Children’s Activities
The nearby AquaPark Octopus is a must for any family. Tenerife Zoo and the Eagles Park are within easy reach of Los Cristianos too.

Costa Adeje

Costa Adeje sits in a striking location just west of the famous Playa de las Americas yet within easy driving distance of the nightlife of the Veronicas strip. It’s a modern, family-friendly resort with plenty to do. Watch whales and dolphins swim in their natural environment, go windsurfing or relax on a three hour boat tour of

Beaches
The beaches of Costa Adeje are a mix of picture-perfect golden sands and interesting black volcanic beaches. Waters are generally safe for swimming and overseen by life guards.

Scuba Diving
Costa Adeje is considered one of the best places in Tenerife to scuba dive. Alternatively, bring your snorkel or buy one on the beach.

Golf
Golf Costa Adeje is widely known as one of the best courses in Tenerife, and the backdrop of sun and sea makes the experience all the more pleasurable.
Useful Information

Language
Spanish

Currency
Euro

International dialling code
+34

Emergency Services
112

Time
GMT

Electricity
220 AC - travellers from the UK will need a two-pin plug adaptor.

Opening Hours for Shops
10.00-14.00 /16.00-19.00
Although in the tourist areas many stay open throughout the day.

Disclaimer: Whilst every care has been taken to ensure the accuracy of the information contained in this publication Villa Plus cannot accept responsibility for any errors or omissions and this holiday guide does not form part of our contract with you.

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Tenerife

- Extraordinary lunar-like landscapes
- Perfect year round destination
- Beautiful natural environment
- The largest of the Canary Islands
- Sub-tropical paradise
- Golden sandy beaches and black volcanic beaches of startling beauty

- Magnificent Mount Teide the highest mountain in Spain
- Santa Cruz the bustling capital and port
- Rural towns and hillside villages
- Excellent sporting facilities
- A wealth of attractions
- Deep ravines, fertile valleys, impressive cliffs
- Family friendly resorts

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